



# Holy family Parish

**Bulletin — November 25th & 26th, 2023**

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Website: [www.holyfamilyregina.com](http://www.holyfamilyregina.com) Email: [office@holyfamilyregina.com](mailto:office@holyfamilyregina.com)

Facebook: [www.facebook.com/holyfamilyregina/](http://www.facebook.com/holyfamilyregina/)

### Contact the office

**Mon - Thurs 9am-12pm  
and 1pm-4pm,  
(closed during lunch hour)  
Fri 9am-12pm**

for Baptism, First Eucharist, Confirmation, Reconciliation, Marriage and Funeral; Mass Intentions, Hall, Meeting Rooms, and Parish items.

**Please use the front door during office hours.**

### Parish Staff Team:

**Fr. Wilfred Calinawan,**  
Administrator  
[pastor@holyfamilyregina.com](mailto:pastor@holyfamilyregina.com)

**Sr. Amelia B. Gorospe, SIHM**  
Pastoral Assistant  
[pastoral@holyfamilyregina.com](mailto:pastoral@holyfamilyregina.com)

**Andrea Resler, Office Administrator**  
[youth@holyfamilyregina.com](mailto:youth@holyfamilyregina.com)  
[sacprep@holyfamilyregina.com](mailto:sacprep@holyfamilyregina.com)

**Mike Nijman, Building and Grounds**  
**Nonilo Mantuhac, Custodian**

**All Masses will be celebrated in the hall.**

### Weekend Mass Times:

Saturday 5:00 pm and Sunday 9:00 am & 11:00 am

### Weekday Mass Times:

Tuesday 7 pm (Adoration begins at 6 pm),  
Wednesday, Thursday & Friday 10 am.

*Father is available to hear confessions Tuesday during Adoration, after Daily Mass, Saturdays before the 5:00 pm Mass and by appointment.*

Holy Family Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

# Feast of Christ the King

The tableau in today's gospel concludes Matthew's collection of the teachings of Jesus concerning the End. Unique to Matthew's gospel, it is a masterpiece. Strictly speaking, it is not a parable, but an allegory – a narrative in which details have symbolic significance. It may be the development of a simple parable, in which Jesus likened the expected coming of the 'Son of Man' with divine authority (Dan 7) to a shepherd 'separating sheep from goats'. It provides, in a simple form, a splendid summary of the teaching of Jesus in Matthew's gospel, concerning the living of our Christian faith.

For the first Christians, Jesus was the 'Son of Man', invested in his risen glory with divine authority (Mt 26:64). In today's second reading, Paul celebrates the divine authority with which the Saviour brings his saving work to completion. In the triumph of the resurrection he has authority over the whole of creation; when 'the end' comes, having overcome all the forces of evil, he will deliver the New Creation into the hands of his Father, and those who share in his triumph will rejoice in a divine generosity that has no limits. Paul's account of 'the end' is somewhat overwhelming. Matthew's tableau, on the other hand, presents the final Judgment in terms that are easy to understand – terms that can be related to the ways of God that found expression in the Sermon on the Mount. Despite its simplicity, however, the more we ponder this tableau the more we come to appreciate how rich it is in inspiration for those who want to live as followers of Jesus.

The criterion by which we will be judged when we come into the presence of God is practical, simple and clear. It is not so much what we do for the God 'we cannot see' that matters, in the end, but what we do for one another – expressing the fact that we are true children of the same Father (cf. 1 Jn 4:20). And among God's children it is the



poor and needy who should have our special care – our 'preferential option'. The things that will establish our worth in the sight of God, and our readiness to share in God's friendship, are simple things, possible to all, learned and simple, rich and poor. What overturns our expectations and is immensely reassuring is the fact that those who have proved themselves worthy of hearing the Lord's invitation – 'Come, you whom my Father has blessed, take for your heritage the kingdom prepared for you since the foundation of the world' – may well be taken unawares. Responding to

the grace of God, working in them 'in a hidden way' (Gaudium et spes, n.22), they have shown themselves true children of the Father – helping for the sake of those in need, without any thought of a reward. Matthew's tableau finds a place among the elect for all who fight unselfishly humanity's ancient enemies: 'ignorance, poverty, disease, injustice, bigotry, death of body or soul' (B. Vawter). The greatest inspiration of all, however, is found in the Lord's affirmation, 'You did it to me'. Sharing our humanity and experience in a struggling world, the 'Son of Man' has made himself one in a privileged way with those in greatest need.

Placing us on the threshold of the final Kingdom, this tableau gives us a glimpse of what it will be like – one family of the Father, united in God's generous and merciful ways. Today, we venerate Christ the King; today's gospel reminds us that it is only in his final 'glory' that he exercised his kingship. Among us, he makes himself the 'Servant' of all.

John Thornhill, sm  
TheEmmausSeries.com

*Jesus is not concerned with pageantry and fanfare as much as He is about our sincerity, humility and contrition. Therefore, welcome Him into your lives daily.*

## From Today's Reading

**First Reading: Ezekiel 34:11-17.** In this passage, we hear God the Father telling the people of Israel in the 6th century BC that He is not pleased with their Leadership. He threatens to abolish their positions and become their leader Himself. All this is done in the context of symbolism of a shepherd tending his flock in a manner fitting of a good shepherd. At this time, in the life of Israel, the people had enough of kings and forced homage and were looking for sincere leadership that would help them find a better life. Thus, the Father promises all of this and more, treating each of His sheep individually.

**Responsorial Psalm: Psalm 23:1-6** is again, the Psalm that we have heard so often recently known as *"The Lord is my Shepherd."* This beautiful prayer echoes the First Reading by bringing the loftiness of the relationship of God to Man down to the level of a shepherd tending his sheep with loving care and protection. The "Good Shepherd" will do anything to care for and protect his sheep, even to the point of laying down his life – and so He did!

**Second Reading: 1 Corinthians 15:20-28.** Here, Paul expands on the above statement by telling us how Jesus, the Son of God, repaired the breach between God and Man created by Adam's sin so that mankind could eventually come back to the Father. Because of this, the Father has given Jesus authority and power to reign over mankind "until He has destroyed every earthly sovereignty, authority and power and put all of God's enemies under His feet." What greater kingship could there be? Credit: stclareroseville.org

### THOSE IN NEED OF WELL-BEING

Jean & John Boyko	Daniel Riabchyk
Kim Toogood-Kyllo	Rita Legaarden
Roseann Melnyk	Can Pham
Ray & Lenore Geisbauer	Phong Le
Gerry & Sharon Bohay	Andrew Ziegler
Cec & Harvey Hartness	

### OUR BELOVED DEPARTED

Lynn Greaves	Joe Novecosky
Maria Feroz Din	Chris Novecosky
Lucien Bussiere	Ava Novacosky
Fr. Pat Murphy	Sr. Patricia Orban

*May God's grace and blessings  
comfort and console those who  
we love and who are in need.*

### STEWARDSHIP BULLETIN BITS: November 26, 2023 - Our Lord Jesus Christ, King of the Universe

*"...whatever you did for one of the least of my brothers, you did for me." – Matthew 25:40*

Most of us are generous when it's convenient for us. We are generous when we have the time or the money. But real generosity is the opposite of that. It means giving of one's time, money, compassion, forgiveness, or mercy when it's not convenient to us when it's not on our schedule, but on the other person's timeline.

**REJOICE! An Advent Pilgrimage into the Heart of Scripture YEAR B** Advent is fast approaching... Do you want to learn to hear God speak to you as Mary and Joseph did?

The Rejoice journal gives us a word, a short reflection, and a prayer prompt each day of Advent to help us explore more deeply the Sunday scriptures for this year. Fr. Mark Toups weaves into the daily reflections and through the weekly videos, how to hear God speak to us. We will be showing the short 10 min videos after each mass during Advent. The journals are available for **\$20.00** after all weekend masses as long as supplies last.



**FAITH & FELLOWSHIP** The Spiritual Enrichment Committee will be hosting a "Theology on Tap" event focusing on *Mental Health and the Spiritual Life: How Catholic Faith Practice Builds Mental Health Resiliency*. Join us on **Monday, Nov. 27 at 6:30 pm** in the upper meeting room where Dn. Eric Gurash of Emmaus Family Support Ministries will dive into the intersection of faith and mental health.

Snacks, alcoholic and non-alcoholic beverages will be offered. The cost is a freewill offering with proceeds going towards the Raise the Roof initiative. **Drop-ins are welcome to attend.** Don't miss this wonderful opportunity to deepen your understanding and enhance your well-being through engaging discussion and Q&A. Contact: [spiritualenrichment@holyfamilyregina.com](mailto:spiritualenrichment@holyfamilyregina.com). See the online bulletin or parish website for more information.



**FAMILY ADORATION & MASS FOR VOCATIONS** will be held this **Tuesday, November 28th** beginning with Adoration at 6 pm followed by Mass at 7 pm. Refreshments will be served upstairs.

All parishioners are welcome to attend! Members of the parish are asked to welcome the youth (and give a smile of encouragement to their parents)! Remember that the way we welcome youth in church directly affects the way they respond to the church, to God and to one another. Let them know that they are at home in this house of worship! Thank you!





## WEEKLY BIBLE READING GUIDE

### November 27th

#### Monday

Daniel 1:1-6,8-20

Canticle: Daniel 3:52-56

Luke 21:1-4

### November 28th

#### Tuesday

Daniel 2:3,9,10,27,31-45

Canticle: Daniel 3:57-61

Luke 21:5-11

### November 29th

#### Wednesday

Daniel 5:1-6,13-14,

16-17,23-28

Canticle: Daniel 3:62-67

Luke 21:12-19

### November 30th

#### Thursday

St. Andrew, Apostle

Romans 10:9-18

Psalms 19

Matthew 4:18-22

### December 1st

#### Friday

Daniel 7:1-14

Canticle: Daniel 3:75-81

Luke 21:29-33

### December 2nd

#### Saturday

Daniel 7:15-27

Canticle: Daniel 3:82-87

Luke 21:34-36

### December 3rd

#### Sunday

First Sunday of Advent

Isaiah 63:16-17;64:1,3-8

Psalms 80

1 Corinthians 1:3-9

Mark 13:33-37

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**Living with Christ Prayer App**

from the app store on your smart phone to listen to the daily scripture readings.

**DONATIONS:** Holy Family Parish relies on the charity and self-sacrifice of our parishioners to maintain and operate the church. Thank you for your generosity and kindness!

**The 2024 Sunday Offering Envelopes are now available for pickup in the foyer. Please do not use envelopes from previous years, thank you!**

—**Envelope:** Holy Family has resumed passing collection baskets during mass. After hours, envelopes can be dropped in the mail slot at the front of the church.

—**Pre-authorized debit:** Contact the office if you would like to set this up.

—**E-transfer:** [finance@holyfamilyregina.com](mailto:finance@holyfamilyregina.com)

—**Online donations through Canada Helps:** <https://www.canadahelps.org/en/dn/24871>

—**Mail to:** Holy Family Parish, 1021 McCarthy Blvd. N., Regina, SK, S4X 3P9



The Raise the Roof committee is inviting everyone to attend a meeting on **Thursday, November 30th at 7:30 PM** for an update on the building project. The meeting will take place in the Holy Family Parish basement hall.

David Cundall and Dwayne Gelowitz will try to answer any questions you may have.



MATTHEW 19 : 14

**CHILDREN'S LITURGY** will be held at all weekend Masses.

**FAMILY ADORATION** Holy Family Parish welcomes families with young children to attend Family Adoration on **Tuesday, November 28th at 6:00 pm**. Stay for Mass at 7 pm or head upstairs for a sweet treat and fellowship with other families! There is no obligation to stay for the full hour.

This is a special initiative where families with young children are welcomed and given the opportunity to spend time face-to-face with Jesus in the Blessed Sacrament. As always, Fr. Wilfred will be available to hear confessions during Holy Hour. Children who have received their First Reconciliation are encouraged to receive this healing sacrament often (and their parents too)!

**EDGE** Youth in grades 5 – 8 are invited to join in the fun at Edge! Our next gathering is **Friday, December 15th at 6:30**. We will be having a Christmas party! To register scan the QR Code to the right. Contact the office if you'd like to volunteer to help with this fun ministry!



**SOURCE** is an opportunity for high schoolers to gather for an evening of food, faith and friendship! The next gathering will be at Christ the King Parish on **Sunday, December 3rd at 6 pm**. Updates: [www.christtheking.ca/source](http://www.christtheking.ca/source) or @sourceregina.



**ADVENT RECONCILIATION** On **Thursday, December 14th at 6:00 pm**, please join the children of our parish for their First Reconciliation.

This will also be our Parish Advent Reconciliation. The opportunity is available to everyone who would like to receive this healing sacrament.



**52 REASONS TO TALK ABOUT THE CWL** Our core values of faith, service, social justice guide us as we follow Catholic teaching, provide service locally, nationally and internationally, and work to advocate for social justice. Let's start the conversation! This week's word to describe the CWL is:

**HUMANITY** Love one another. Catholic Women's League members go beyond charitable acts with compassion, love, sympathy and tolerance, seeking out issues of injustice. Come share the love.

All Catholic women are welcome to join! The membership drive is now underway; **Membership Forms** are available in the online bulletin and at the hall entrance.



**SAVE YOUR EMPTIES!** The Holy Family Refugee Committee is having a bottle drive. Save your empty pop cans, milk jugs, bottles, etc. & they will come pick them up from your home on **January 6, 2024**. Empties must be in a bag or box and left on your doorstep. To have someone pick up your recycling either email [patty.gianoli@sasktel.net](mailto:patty.gianoli@sasktel.net) or phone Patty at 306-535-8251 or Donna at 306-535-3618. A sign up sheet will also be available.

## ARCHDIOCESAN UPDATES:

### POPE'S PRAYER INTENTION FOR DECEMBER

*For persons with disabilities ~ We pray that people living with disabilities may be at the centre of attention in society, and that institutions may offer inclusive programs which value their active participation.*

### ARCHBISHOP'S ANNUAL APPEAL

In the coming weeks, as our Archbishop's Appeal comes to a close, we ask that you prayerfully consider making a one-time donation or consider giving monthly.

If you have any questions regarding the Appeal, don't hesitate to contact the Development office by emailing: [annualappeal@archregina.sk.ca](mailto:annualappeal@archregina.sk.ca) or call (306)352-1684.

### ARCHBISHOP'S ANNUAL APPEAL REFLECTION ON THE READINGS - CHRIST THE KING

Today is the solemnity of Our Lord Jesus Christ, King of the Universe. Christ the King will restore all creation and restore his kingdom to the Father. The risen people of God will rejoice in a new heaven and a new earth. In 2020, Pope Francis also declared this day World Day of Youth. Saint John Paul the Great had this to say to young people: "It is Jesus you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle. It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be grounded down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more

human and more fraternal." Your support of the Archbishop's Appeal contributes to the office of youth and young adult ministry so that through the programming, retreats, and work of the staff, all the youth of our archdiocese may come to experience and believe these words.

### BRIDGING THE UNBRIDGEABLE GAP: BEYOND POLARIZATION IN THE CHURCH AND IN SOCIETY

Join Fr. Ron Rolheiser on **Monday, December 4, 7:00 – 8:30 PM** at Resurrection Parish, Regina.

*We live in a bitter divided time. Today, everywhere in the church and in the world, we find ourselves divided by different histories, ideologies, politics, religions, moral views and temperaments. Politics are stalemated, churches are splitting, and families struggle to sit down at a common table. And all of this being fed and enflamed by a hundred million websites vilifying each other. The gap is growing and seems unbridgeable. How can we respond? How can we begin to bridge this unbridgeable gap, as faithful Christians, as loving citizens, and as aching family members?*

### ADVENT RECOLLECTION: RECONCILIATION, ADORATION, AND HEALING

All are welcome on **Sunday, December 17th** beginning with Holy Mass at 5:00 pm, at St. Cecilia Parish, 5020 - 7th Avenue, Regina.

In the holy Advent season, experience a time of enlightenment through adoration and healing with Jesus who brought light to the world. Led by Fr. Sathi Antony from St. Gerard Parish in Yorkton, Sk.

[View all updates at: archregina.sk.ca/archdiocesan-weekly](http://archregina.sk.ca/archdiocesan-weekly)

## MASS INTENTIONS

**November 28th - December 3rd, 2023**

### **Tuesday, November 28th**

+Joe Lipoth r/b Stephanie Schmaltz

### **Wednesday, November 29th**

Rose DeBruyne (Birthday Blessings) r/b Paul and Judy Boschman

### **Thursday, November 30th**

Grandchildren of Paul and Judy Boschman (Birthday Graces)

### **Friday, December 1st**

For the conversion of those who've fallen away from the Church

### **Saturday, December 2nd**

Andrea Resler (Birthday) r/b Jane & Barry Resler

### **Sunday, December 3rd**

9 am: +Prudencia & Severa Ocampo r/b Dory Amio

**11 am: Pro Populo**

## PARISH UPCOMING ACTIVITES

Date	Time	Activities
Mon., Nov. 27th	1 - 4 pm 6:30 pm	No Mass HF Quilters (UMR) Faith & Fellowship (UMR)
Tues., Nov. 28th	6:00 pm 7:00 pm	Family Adoration Mass for Vocations Refreshments (Upstairs)
Wed., Nov. 29th	10:00 am	Mass
Thurs., Nov. 30th	10:00 am 7:30 pm	Mass Raise the Roof building update. All are welcome. (Hall)
Fri., Dec. 1st	10:00 am 12 - 4 pm 6:30 pm	Mass Office Closed Wreath Making (Foyer/UMR)
Sat., Dec. 2nd	10:00 am 5:00 pm	R.C.I.A. (UMR) Mass (Children's Liturgy)
Sun., Dec. 3rd	9:00 am 11:00 am 1 - 2 pm 1:30 pm	Mass (Children's Liturgy) Mass (Children's Liturgy) Sacramental Prep (Hall) Blaze (UMR)

# *Adoration & Mass for* **Vocations** *in Regina*

***Come, Discern your Vocation.***

***Pray to Strengthen & Deepen your Vocational Commitments.***

***Pray for the Vocations of Family Members, Friends,  
the People of Regina, & our Diocese.***

*Come spend time in adoration with the true presence of our Lord in the Eucharist. Ask Jesus your intentions, requests, and questions in the still of your heart, take time in silence, listen, and let Him in! Invite Him to help, guide, and direct you.*

*Adoration ~ 6:00-7:00*

*Mass for Vocations ~ 7:00*

**4<sup>th</sup>  
North  
Tea Tuesday**

**4th Monthly Tuesday**

**7:30 pm / Oct 24th, Nov 28th**

*Following the 7:00 pm Mass for  
Vocations (Adoration 6:00)*

Holy Family Parish

1021 McCarthy Blvd N, S4X 3P9

**Tea Tuesday** is a gathering for Young Adults providing time for sharing in fellowship and faith.

*The evening will coincide with FAMILY ADORATION. See bulletin for more information.*



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# Archdiocese of Regina

# Bulletin

November 26, 2023

**Our Lord Jesus,  
King of the Universe**

## Journey Through Advent



WEEKLY REFLECTIONS | MUSIC | RESOURCES

### Journey Through Advent

Sign up for a weekly Advent series with weekly reflections, music, prayer, resources and other activities to enhance your Advent Journey. These weekly reflections will be emailed each week during Advent. Sign up here [archregina.flocknote.com/ArchdioceseofRe5](http://archregina.flocknote.com/ArchdioceseofRe5) or email [mgurash@archregina.sk.ca](mailto:mgurash@archregina.sk.ca)



On the solemnity of Our Lord Jesus Christ, King of the Universe. Christ the King will restore all creation and restore his kingdom to the Father. The risen people of God will rejoice in a new heaven and a new earth. In 2020, Pope Francis also declared this day World Day of Youth. Saint John Paul the Great had this to say to young people: "It is Jesus you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle. It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be grounded down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal." Your support of the Archbishop's Appeal contributes to the office of youth and young adult ministry so that through the programming, retreats, and work of the staff, all the youth of our archdiocese may come to experience and believe these words.

### Laudate Deum: Eco-Spirituality in Action

Join Citizens for Public Justice in collaboration with For the Love of Creation and the Galilee Catholic Retreat Centre for a powerful webinar dedicated to Pope Francis' Apostolic Exhortation, "Laudate Deum." Discover how this inspiring document serves as a call to action in the realms of environmental justice and creation care. Our speakers include leaders in Catholic social and environmental justice, as well as individuals from local congregations actively pursuing green initiatives.

Tuesday, December 5, 5:30 - 7:00 PM

Visit [CPJ.ca/events](http://CPJ.ca/events) to register

*Please note that live French interpretation of the webinar will be available!*

### Lay Formation Class Auditing

Deepen your knowledge of the faith! The Archdiocese of Regina's Lay Formation Program is excited to offer the option to audit a variety of select classes and retreats. For a nominal fee per class you can explore a diverse range of topics each month, both in-person and online. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion. Follow the link for more information on how to join our community of lifelong learners today! [archregina.flocknote.com/signup/134383](http://archregina.flocknote.com/signup/134383)

### Pope Francis' Monthly Prayer Intentions - November

Let us pray for the Pope so that in the exercise of his mission, he may continue to accompany in the faith the flock entrusted to him by Jesus, always with the help of the Holy Spirit. [thepopevideo.org](http://thepopevideo.org)

### Stewardship Bulletin Bit

*"...whatever you did for one of the least of my brothers, you did for me." – Matthew 25:40*

Most of us are generous when it's convenient for us. We are generous when we have the time or the money. But real generosity is the opposite of that. It means giving of one's time, money, compassion, forgiveness, or mercy when it's not convenient to us when it's not on our schedule, but on the other person's timeline.

*The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.*



### Parish Advent Mission with Matt Nelson

St. Vincent de Paul Parish in Weyburn is hosting their annual Advent Mission on Dec 2 and 3 at 7:00 PM with special guest speaker Matt Nelson. Matt's two-part presentation is "Prepare for the Lord! 7 ways to ready the mind, body, and soul for Christ's coming." Matt will discuss how, during Advent, we prepare to commemorate the first coming of Christ at Christmas while we look ahead to Christ's second coming at the end of time. Matt will suggest seven key strategies for preparing ourselves to encounter Jesus this Christmas season and beyond. Everyone is invited!

### Becoming a Sanctuary for Christ

An advent evening of adoration, prayer, reflection and creativity with Sr. Chantelle Bonk, PM. Wednesday, December 6 at 7:00 PM at Holy Trinity Parish – 5020 Sherwood Dr. Drawing and colouring supplies for the creative component will be provided. You are welcome to bring your journal, Bible, and any other creative medium that can be done from your pew. Free will offering. Questions? Email [htrinityfaithformation@gmail.com](mailto:htrinityfaithformation@gmail.com)

### Advent Recollection: Reconciliation, Adoration, and Healing

December 17, Third Sunday of Advent (Gaudete Sunday)  
5:00 to 7:30 PM

St. Cecilia Parish, 5020 – 7th Avenue, Regina

In the holy Advent season, experience a time of enlightenment through adoration and healing with Jesus who brought light to the world. During this busy time of preparing for Christmas, pause and take advantage of this recollection opportunity.

Led by Fr. Sathi Antony, St. Gerard Parish, Yorkton

•Holy Mass – 5:00 PM.

•Adoration and individual Reconciliation – 5:45 PM.

•Release prayer for personal healing, from darkness to light – 7 PM.

•Refreshments and fellowship – 7:30 PM.

### Nativity Display

This year, we're celebrating the birth of our savior in a big way! Assiniboia Saint George's CWL is sponsoring a Nativity Exhibit: on December 1 (12 noon -9:00 PM) and Dec 2 (10:00 am -7:00 PM). There will be a multitude of displays - anything to do with the Christmas story. Banners, mangers, advent calendars, ornaments, books, and more. Crafts and story time for children. Door prizes. Everyone welcome!! FREE ADMISSION. We will have a lunch counter, a Christmas baking sale, door prizes, and an auction of fifteen Christmas wreaths that have been donated by local businesses. St George's Parish Hall 325 6th Avenue East, Assiniboia

### Music Sacra - Save the Date

Save the Date! Champion College will be hosting the Advent Musica Sacra on December 10, 2023 at 2:00 PM. This year's theme is Hope, Peace, Joy, and Love: Meditations on Advent. Join us in the second floor Champion Chapel to embrace the joyful meaning of the season.

### HOSPITAL CHAPLAINS

Pastoral Care focuses on people's needs from a spiritual and theological perspective in order to help create an optimum climate for healing of body, mind and spirit. If you or a loved one is in the hospital, please contact the chaplain to arrange a pastoral care visit:

Pasqua Hospital: 306-519-1380 - Jennifer Holtslander General

Hospital: 306-519-1405 - Jerry Fitzgerald

Wascana Rehabilitation Centre: 306-530-6511 - Joan Rink

### LESSON THIRTY-THREE

**How does the grace of salvation come to us?**

**Watch Videos:** [archregina.sk.ca/group/catechetical-support-parishes/](https://archregina.sk.ca/group/catechetical-support-parishes/)

**Catechism Text:** CCC nos. 1129, 824, 1949

**Sacred Scripture:** Romans 5.9, 5.20-21, Ephesians 2.5

**Saint John Bosco:** Do you want our Lord to give you many graces? Visit Him often. Do you want Him to give you few graces? Visit Him seldom. Visits to the Blessed Sacrament are powerful...

**Bl Angelo Foligno:** The Sacrament (Eucharist) is the Gift of gifts and the Grace of graces.

**FAQ:** How can the Catechism be most effectively used by catechists?

Catechists do not teach in their own names or teach their opinions on doctrinal matters and teach in the name of Christ, and it is Christ who they teach. Catechists are teachers of the truths of the faith. The Catechism provides a reference work that may be used with catechist manuals to prepare lesson plans. The Catechism is a reliable and credible companion in their catechetical ministry.

**itwewin Corner** (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... The Métis Nation is recognized by the Canadian government and represents the Métis people in Saskatchewan. The definition of Métis ([metisnation.sk.com/about-metis/#who](https://metisnation.sk.com/about-metis/#who)) as adopted by the Métis Nation – Saskatchewan is: "a person who self identifies as Métis, is of historic Métis Nation ancestry, is distinct from other Aboriginal peoples, and is accepted by the Métis Nation". The Gabriel Dumont Institute (GDI) ([gdins.org/metis-culture/](https://gdins.org/metis-culture/)) keeps the Métis culture and history alive. Visit GDI Virtual Museum ([metismuseum.ca/](https://metismuseum.ca/)) to learn about the Métis people. To find out where the historical Métis communities were located go to Saskatchewan Metis Communities ([metismuseum.ca/](https://metismuseum.ca/)) (Retrieved October 31, 2023)



Advent reflection series online with Fr. Scott Lewis SJ. The dates are Tuesdays, November 28, December 5 & 12, 2023, from 10:00 - 10:40 AM CST/SK time. Fr. Scott will lead a reflection for 30 minutes, followed by a brief Ignatian Conversation or an Ignatian prayer tool (if our numbers are too high). Register at [championcollege.ca/uncategorized/peace-on-earth-advent-scripture-reflections-online/](https://championcollege.ca/uncategorized/peace-on-earth-advent-scripture-reflections-online/) a zoom link will be sent to all registered participants.





The Spiritual Enrichment committee will be hosting a “Theology on Tap” type of event called **Faith & Fellowship**. These one evening events will feature a guest speaker presenting various topics of faith with time for discussion, faith sharing, and community building over food and beverages.

We invite you to come out and learn more about your faith while coming together to share community on **Monday, November 27 at 6:30pm** in the upper meeting room. **The evening will focus on Mental**

**Health and the Spiritual Life: How Catholic Faith Practice Builds Mental Health Resiliency.**

Deacon Eric Gurash of Emmaus Family Support Ministries will dive into the intersection of faith and mental health. Gain valuable insights as Deacon Eric draws from personal experiences to explore how our Catholic faith can be a powerful tool in navigating mental health challenges. Discover the synergy between faith practices and clinical therapies, and uncover strategies to build resiliency.

Join us for an engaging discussion and Q&A, blending faith and practical insights. Snacks, alcoholic and non-alcoholic beverages will be offered. The cost is a freewill offering with proceeds going towards the Raise the Roof initiative. **Drop-ins are welcome to join.** Don't miss this wonderful opportunity to deepen your understanding and enhance your well-being. Learn more about Emmaus Family Support Ministries at [www.emmaussupport.ca](http://www.emmaussupport.ca).

Contact: [spiritualenrichment@holymfamilyregina.com](mailto:spiritualenrichment@holymfamilyregina.com) for more info.



*Deacon Eric Gurash and his wife Melissa have operated Emmaus Family Support mental health ministries for the past five years. This ministry and its peer-led spiritual support model seeks to develop and maintain spaces within the Catholic community where faith and the strength of shared, lived experiences can provide solace, compassion, and hope to those experiencing mental health challenges and the family members and loved ones who support them. Find out more at [www.emmaussupport.ca](http://www.emmaussupport.ca).*



*Family*

**EUCCHARISTIC  
ADORATION**



**FROM 6:00 PM TO 7:00 PM AT HOLY FAMILY PARISH**

**TUESDAY, NOVEMBER 28TH**

*"Let the little children come to me"*

(Matthew 19:14)

**ALL FAMILIES AND ESPECIALLY FAMILIES WITH  
YOUNG CHILDREN ARE WELCOME!**

THERE IS NO OBLIGATION TO STAY FOR THE FULL HOUR. YOU ARE INVITED TO HEAD UPSTAIRS FOR A SWEET TREAT AND FELLOWSHIP WITH OTHER FAMILIES AT ANYTIME DURING THE EVENING.

Head to: [www.teachingcatholickids.com/eucharistic-adoration/](http://www.teachingcatholickids.com/eucharistic-adoration/) for age specific tips and talking points.

The evening will coincide with Adoration and Mass for Vocations; this is a perfect opportunity for our community to pray for youth and young adults as they discern their life's vocation.



# Rejoice!

An Advent Pilgrimage into  
the Heart of Scripture

YEAR B

**“Seeking to learn from Mary and Joseph  
how to hear God’s word as they did.”**

Once again we have the opportunity to walk together as a parish family, opening our hearts to hear what God is saying to us in this hectic, perhaps difficult or lonely, but Blessed season.

**The popular Rejoice program by Father Mark Toups  
will once again be available to our Parish family.**

The new journal for year B follows the same format as in past years:

A word, a reflection, and prayer prompts, along with the supplementary short 10 minute videos presented by Father Mark Toups, Sister Josephine Garret and Father Josh Johnson. Together, they will help us explore the Sunday readings through Advent and guide us deeper into the heart of Christ and learning to hear God’s voice.

The short 10 minute videos will be shown after each mass in Advent, or can be accessed online: [rejoiceprogram.com](http://rejoiceprogram.com)

Plan to stay after mass, November 25th or 26th to view the 20 minute “MISSION” video which sets the tone for the Advent season and this year’s journal year B.

**The new journals will be available after Masses , November 18th  
& 19th, for \$20.00 each. Supplies are limited.**





## HOLY FAMILY CWL COUNCIL - 2024 MEMBERSHIP FORM

- Please complete this form and enclose your membership fee of **\$45.00** in an envelope marked "Holy Family CWL".
- Please complete all fields so we can ensure we have correct contact information.
- You may return it in one of the following manners:
  - in the collection basket at mass or
  - dropped in the mail slot at church,
  - Or mailed to: **Holy Family CWL, 1021 McCarthy Blvd N, Regina, SK S4X 3P9**
- Fees may be paid by: cash, cheque or etransfer if you prefer. Please send your etransfer to [hfcwlRegina@gmail.com](mailto:hfcwlRegina@gmail.com)
- You may use this same email address to submit your completed membership form.
- Any questions, please contact Claudette Beitel (Membership/Organization) at 306-924-0992. Or, visit our national website, [www.cwl.ca](http://www.cwl.ca)

NAME: (Please Print): \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

MAIL ADDRESS: \_\_\_\_\_ POSTAL CODE: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

BIRTHDATE (for our Council Calendar, year not required): Month \_\_\_\_\_ Day \_\_\_\_\_

If a renewing member, has your contact information changed in the past year? Yes \_\_\_\_\_ No \_\_\_\_\_

Are you a new CWL member? Yes \_\_\_\_\_ No \_\_\_\_\_

Or, are you transferring from another council? If so, name of previous Council \_\_\_\_\_

Your membership # \_\_\_\_\_

Membership Type (please indicate):

**Active** *member pays dues, may attend meetings, serve on committee(s), has voting privileges, and has opportunities for personal and spiritual development of the CWL.*

**Partially Active** *member pays dues but may not always attend meetings or functions, has voting privileges, willing to help when needed on a task-by-task basis, want to be part of the organization and make a difference however have limited time to offer.*

**Inactive/Financially Supportive** *member pays dues to support the national organization and the local council, has voting privileges, unable to be fully or partially active currently however may become more involved in the future, wish to stay informed of events and educational updates through the League website and The Canadian League magazine.*

Please indicate which pillar(s) you would be interested in helping out with:

**FAITH** \_\_\_\_\_ **SERVICE** \_\_\_\_\_ **SOCIAL JUSTICE** \_\_\_\_\_

# Source

**2023-2024**

**Geared to those in Grades 9-12**

*Evening starts at 6pm*

- **Sept 10th - Our Lady of Lourdes Grotto, St. Peter's Colony**
- **Oct 1 - Resurrection**
- **Nov 5 - St. Cecilia**
- **Dec 3 - Christ the King**
- **Jan 7 - Christ the King**
- **Feb 4 - St. Cecilia**
- **Mar 3 - Resurrection**
- **Apr 7 - St. Cecilia**
- **May 5 - Christ the King**
- **June 2 - TBA**

**FREE Supper - Community - Talk  
Adoration - Praise & Worship - Confession**



**Scan for the most up-to-date information or  
find us on Instagram!**

**@sourceregina**



**St. George's Parish**  
Catholic Women's League

**Nativity Exhibit**

**December 1**

Noon to 9:00 p.m.

Christmas  
Bake Sale

Lunch Counter

Reading  
Nook

Music

**December 2**

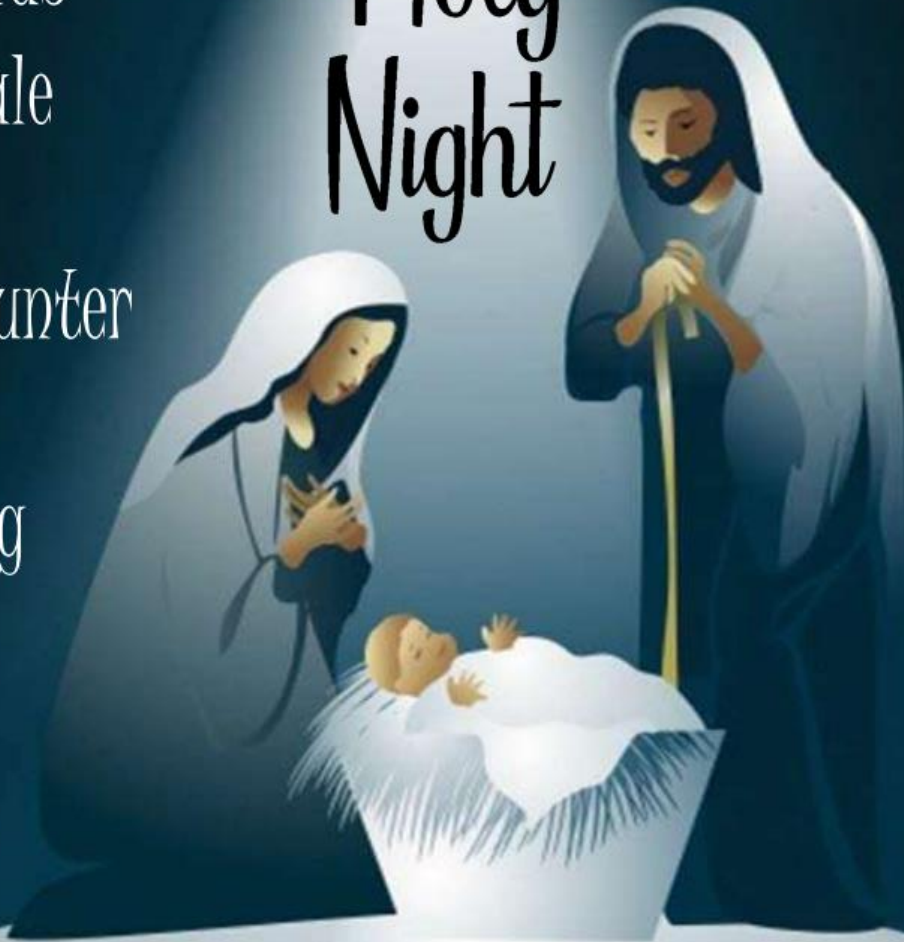
10:00 a.m. to 7:00 p.m.

Kids  
Crafts

Door  
Prize

Wreath  
Auction

O  
**Holy  
Night**



**Come and visit this collection featuring  
the Nativity Story**

325 – 6<sup>th</sup> Avenue East Assiniboia

Contact Eveline 640-7822

for more info. OR to submit a Nativity-themed  
display, craft, needlework, etc.

Free  
Admission

***The Light Shines  
Through  
the Broken Places***



**Prayer Service for Victims of  
Clergy Sexual Abuse  
For the Advent Season**

**Sunday, December 3, 2023  
7 pm**

**Holy Child Parish  
2636 7<sup>th</sup> Avenue East  
Regina, SK**





LUTHER  
COLLEGE  
HIGH SCHOOL

# Candlelight Services

- featuring -

Choirs, Handbells and  
Instrumental Ensembles

**MERLIS BELSHER HERITAGE CENTRE**

Luther College High School  
1500 Royal Street

**SUNDAY, DECEMBER 3**

2:00 p.m. & 7:00 p.m.

Parking available in the west parking lot, access off Dewdney Avenue.  
Seats are available on a first-come, first-served basis. Doors open 30  
minutes before each service.

**FREEWILL OFFERING**

 @LCHSRegina

 @lutherseniorchoir

[www.luthercollege.edu](http://www.luthercollege.edu)





# Bridging the Unbridgeable Gap: Beyond Polarization in the Church and in Society

We live in a bitter divided time. Today, everywhere in the church and in the world, we find ourselves divided by different histories, ideologies, politics, religions, moral views and temperaments. Politics are stalemated, churches are splitting, and families struggle to sit down at a common table. And all of this being fed and enflamed by a hundred million websites vilifying each other. The gap is growing and seems unbridgeable. How can we respond? How can we begin to bridge this unbridgeable gap, as faithful Christians, a loving citizens, and as aching family members?

**MONDAY, DEC 4**  
**7:00 - 8:30 PM**  
**AT RESURRECTION PARISH**



**DECEMBER 4**

## **FACILITATOR**

**Fr. Ron Rolheiser** is an internationally-known author, retreat leader and spiritual theologian. He writes a weekly column that is carried in over 70 newspapers around the world. He is a former professor at Newman Theological College in Edmonton, Alberta and past-president of the Oblate School of Spirituality in San Antonio, Texas.







PREPARE YOUR HEART FOR CHRISTMAS

# *Becoming a Sanctuary for Christ*

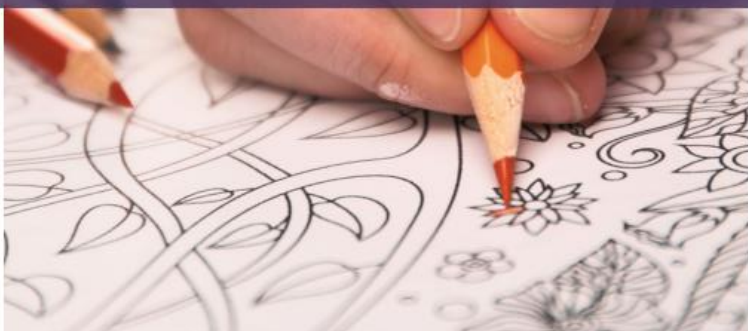
An Advent evening of prayer, reflection and creativity  
with Sr Chantelle Bonk, PM. Fellowship to follow.  
Free will offering.

**DECEMBER 6 @ 7PM**

**HOLY TRINITY PARISH**

**5020 SHERWOOD DRIVE**

Questions? Email [htrinityfaithformation@outlook.com](mailto:htrinityfaithformation@outlook.com) or visit  
our Facebook page - Holy Trinity Parish, Regina





# YOUTH RETREAT

**HOLY CROSS PARISH**

**315 DOUGLAS AVE EAST**

**FRIDAY DECEMBER 8**

**GRADES 2-12**

**GRADES 2-5 1PM-4:30PM**

**GRADES 6-12 5:30PM-9PM**

**\$10 PER PERSON**

**\$25 FOR A FAMILY OF 3 OR MORE**

**TO REGISTER OR FOR MORE INFO  
CONTACT SHERI PARKER 306 533 2561**





# Holy Family Parish

1021 MCCARTHY BLVD. N.

REGINA, SK S4X 3P9

Pastor: Father Wilfred Calinawan

WEBSITE: [WWW.HOLYFAMILYREGINA.COM](http://WWW.HOLYFAMILYREGINA.COM)

PHONE: 949-7678

EMAIL: [OFFICE@HOLYFAMILYREGINA.COM](mailto:OFFICE@HOLYFAMILYREGINA.COM)

## October 21 & 22, 2023

### **Holy Family Parish Building and Grounds Update by David Carvell, Parish Finance Council Chair:**

We have had one meeting with the Archdiocese Finance Committee as mentioned earlier, and now several planning meetings with the two key committees that will be leading this process.

Dwayne Gelowitz and his Renovation & Renewal Committee have determined that Stantec Architecture would be the best option to determine the root cause of the ceiling collapse and to offer services to provide design drawings and options for us to consider for refreshing the entire Nave and Foyer areas.

We needed to receive confirmation and approval from the Bishop before we could complete a contract with them and move forward. This approval was received Friday morning, and Dwayne has contacted Stantec to sign a contract and begin the process of examining both the exterior roof and interior ceiling to see what caused the failure and to make recommendations for fixing the issues.

Our agreement with Stantec will include several meetings along the way where we can ask questions and offer ideas and recommendations, so that they can proceed to a point where they could give us some preliminary budgets and recommendations for the tendering process.

At that point we plan a town hall meeting in the parish to give you more detailed information about the project and answer the questions that you may have. This will take approximately 3-4 weeks. After this we would finalize the scope of our agreement and move to detailed design and reconfirm construction materials etc.

Our plan is to have Stantec take us through to the tendering process and then review final tender pricing etc. This will be where we must make a final decision on whether we can proceed or not.

The main issue will be funding, and we will need to have cash and/or confirmed commitments for approximately 50% before the Archdiocese will consider working with us on a mortgage for the remainder. We may decide to do some stepped portions of the project based on financial commitments that we have received.

On the other side of this is the Capital Campaign that David Cundall is leading. He and his very small team have developed the initial plan and will begin meetings with some potential key donors over the coming weeks. David has asked me to request our parish for two or three key leaders to step forward to assist him. We are looking for one key individual to contact David Cundall regarding assisting as Co-Chair, as David Cundall is experiencing time constraints because of his work commitments and family commitments. Therefore, I ask that someone step forward to this critical committee to assist David.

The success that David and his team achieve over the next few weeks will be critical to whether we move forward with this project or not. Please feel free to discuss with Fr. Wilfred, David Cundall, or myself [David Carvell] how you might be able to make a significant contribution towards this project. The smaller fundraising initiatives that we have been doing and will continue to do will not get us close to our final goal. They are excellent for building community within the parish as well as keeping everyone involved; however only with major contributions will we be able to meet our goal.

Please keep praying for our success with this project; thank You!